

# Mitzi Holdren (Non-Union)

Local Hire: Colorado/Texas/Able to Travel (RV)  
www.mitziholdren.com      www.youconnection.org



## **FILM/TELEVISION** *(selected)*

The Princess and the Goblin	Lead	Matt Kramer
Little Crooked House	Lead	Matt Kramer
Morning Conversations With Myself	Lead	Mitzi Holdren
Peace, Brother	Supporting	Cody Linley
Megsie: A Pilgrim's Progress	Supporting	Matt Kramer
A Nichol's Worth of Comedy*	Improv Troupe	Mark Nichols

\* Live-action and limited release single camera.

## **THEATER** *(selected)*

Resident Acting Company Member (current)		You Connection Theatre and Media Company
Cocktails With Mimi	Assistant Director	Marilyn Sullivan; Theatre Off the Square
Something's Afoot*	Lettie	Pamela Mencher; Main Stage Productions

\* Received adjudicated nomination for entry into Rocky Mountain Theatre Association competition.

## **COMMERCIAL** *(available upon request)*

## **EDUCATION & TRAINING** *(selected)*

Auditioning Techniques (ongoing)	Amy Jo Berman
The Actor Think Tank (ongoing)	Jodie Bentley
Acting Coach (ongoing)	Adria Tennor
Acting for Film	Cathryn Sullivan
Meisner Techniques	Cody Linley
Branding Coursework	Jona Xiao
The Reset Journey	Jo Kelly
Associate of Arts - Theatre	Red Rocks Community College

## **SPECIAL SKILLS**

Accents/dialects - I specialized in school and pick them up easily – I've performed Southern Texan, French, Cockney (*Lettie*), British, German, singing range: mezzo-soprano, dance - stage, engine boating, horseback riding, firearms, fishing, ice skating, motorcycle riding, running, skiing - downhill, skiing - cross country, snorkeling, snowmobile riding, stage makeup, swimming, trampoline, yoga. I've also been a scuba instructor since 2017.